

Living the
Gospel



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St. Martin De Porres Parish

4179 Lawrence Avenue E. and Morningside Ave. Scarborough, ON M1E 2S3

Email: stmartins.office@rogers.com

Parish Website: stmartindeporressc.archtoronto.org/

Phone: 416-284-9192 St. Vincent de Paul Society 416-284-6131

SOLEMNITY OF THE MOST HOLY TRINITY SUNDAY



1st Reading
Exodus 34.4b-6, 8-9

2nd Reading
2 Corinthians 13.11-13

Gospel
John 3.16-18

Regular Mass Schedule **Weekday Masses:**

Daily morning mass is celebrated Tuesday to Friday at 8:30 am

Weekend Schedule: Saturday (Vigil) Mass 5:00 pm
Sunday Masses: 9:00 am, 10:30 am & 12:00 noon

<https://stmartindeporressc.archtoronto.org/eg/>

Building a Community of Love

This Sunday we celebrate the mystery of the Most Holy Trinity which is the “central mystery of Christian faith and life” (CCC 234). While the Trinity is a mystery our mind will never fully grasp we can still glean much spiritual fruit through prayerful reflection.

Firstly, we must remember that God is Love (1 John 4:16). In order for God to be Love itself, it stands to reason that He is “one but not solitary” (CCC 254). This is because love requires a lover and a beloved. It is within the Trinity that an eternal exchange of Love exists. St. Augustine describes in his treatise “On the Trinity” that the Father and the Son eternally look at each other with pure Love, and this unadulterated love is the Holy Spirit, existing for all ages.

Hence, through reflecting on this mystery we come to understand the immense importance of community and the sharing of love. As stewards, we are called to imitate this divine life of the Trinity. We can do this by living with our brothers and sisters and fellow parishioners in a community of love. Love requires sacrifice and is expressed not just in words but in deeds (1 John 3:18). So let us offer up our time and talents for the good of our parish and the Church. If we strive to create this community of love, we can take great consolation in knowing that we are abiding in the Trinity, for St. John says “whoever abides in love abides in God, and God abides in him” (1 John 4:16).

Summary

St. Augustine describes in his treatise “On the Trinity” that the Father and the Son eternally look at each other with pure Love, and this unadulterated love is the Holy Spirit, existing for all ages. Hence, through reflecting on this mystery we come to understand the immense importance of community and the sharing of love. As stewards, we are called to imitate this divine life of the Trinity by living with our brothers and sisters and fellow parishioners in a community of love.

Mass Intentions for the Week of May 30//May 31, 2026

Saturday May 30th

5:00 pm †All Members of D’silva Family
 †Sean Ross

Sunday May 31st

9:00 am †Roy Chan Sun
 Caterina Corrado
 (Thanksgiving for Healing)

10:30 am For All Parishioners of SMDP

12:00 pm †Ofelia Bonifacio
 †Aniceto Varona Sr.

Tuesday Jun 2nd

8:30 am †Arnold Pinto

Wednesday Jun 3rd

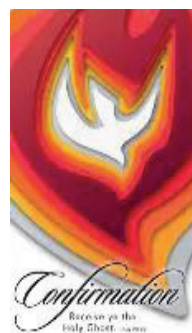
8:30 am †Aniceto Varona

Thursday Jun 4th

8:30 am Protection of mothers who plan to
 abort their child
 Edwin Wiradian (Birthday Blessing)

Friday Jun 5th

8:30 am †Teofilo & Maximina Gabon
 (All Family Members)
 Sequoia John (Birthday Blessing)



CONFIRMATION DATE

Tuesday, Jun 16th, 2026
@ 6:30p.m.

Wednesday, Jun 17th, 2026
@ 6:30p.m.

MAY 31ST, 2026



St. Martin de Porres

Knights of Columbus Council 12909

CHARITY FUNDRAISER

Bus trip to



Saturday, June 13th, 2026.

First location pickup at 8.35 am, at 2452 Sheppard Ave. Second location pickup at 8:45 am, at Centennial Arena 1967 Ellesmere Rd, just west of Markham Rd

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Saturday May 2nd, 9th, 16th, 23rd and 30th, 2026.

Available during the mass at 5:00 pm

Sunday May 3rd, 10th, 17th, 24th and 31st, 2026.

Available between masses at 10:00am and 12:00pm

St. Martin de Porres Parish

4179 Lawrence Ave E, Scarborough, ON M1E 2S3

To book a seat e-mail: jason.shantz@gmail.com



EDGE

**EDGE Youth Ministry
(Open Invitation to Grades 5-8)**

Grow in Faith and Closer Relationship with Jesus... Meet New Friends... and Have Fun... That is EDGE! We invite our Catholic youth in *Grades 5-8* to join us in the Parish Hall for an EDGE night.

Upcoming EDGE nights:

June 19.

Drop-off at 6:45 pm and Pick-up at 8:45 pm.

For more info & RSVP:

Theresa Vandebroek, Youth Minister

smdpyouth24@gmail.com



Let us Pray! For the sick members of our Parish and for those who love and minister to them.

PAY ATTENTION TO YOURSELF AND TO LIFE

Now is the acceptable time! Now is the day of salvation! (2 Corinthians 6:2)

Our physical, psychological, and spiritual faculties are superbly adapted for dealing with reality *now*. Far too often, however, the mental static of worries, regrets, unfinished plans, and idle musings prevents us from being fully present to what we are doing. These times are tragedies-not altogether different from being stoned on drugs.

As self-conscious beings, we have the capacity to be aware of the past, present, and future. Those who forget the past have no roots; people who do not plan for the future, but we must learn to do so in a now moment.

What this means is that we must strive, during every moment of every day, to pay attention to ourselves and to life. We note what is going on outside of us and inside of us, and we are there with it. If it is time to work, we are there with our work; if we decide to daydream, we are there with our daydreams; if we recall experiences from the past or make plans for the future, we do so in conscious awareness. Now-living has not so much to do with the content of our lives as with self-awareness.

This does not mean that we should live in a state of burdensome self-consciousness, however. It is a great nuisance to be constantly second-guessing ourselves or overanalyzing what we are feeling or thinking at any moment. *Now Living means that we make our journey through time with our eyes wide open.* It means that we not only make a living, but we live our making. It commands us to be there with our lives! Happy are they who obey the summons.

Living in the present calls for tremendous discipline. Most of us have heard scores of sermons about stewardship of time, talent, and money. Those kinds of stewardship are easy when compared with stewardship of attention. Now-living is a challenge for us to become responsible for our actions.

Living in the present is a key to growing in relationship with God. God lives in an eternal now-moment. He leads us into the future and supports us in our past experiences; but he is to be found only in the present. "Seek the Lord while he may be found," is the invitation found in Isaiah 55:6. If we place ourselves there now with our lives and their realities, we will discover that he is very near to us.

What power awaits us! What joy!

KAPIT BAHAY

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