
St. Martin De Porres Parish

4179 Lawrence Avenue E. and Morningside Ave. Scarborough, ON M1E 2S3

Email: smartins.office@rogers.com

Parish Website: smartindeporressc.archtoronto.org/

Phone: 416-284-9192 St. Vincent de Paul Society 416-284-6131

Parish Contacts

Pastor

Rev. Anthony Gonsalves (ext 105)

Parish Office Hours

Tuesday - Friday 9:00 am - 4:00 pm

Daily Mass Schedule

Weekdays

Tuesday to Friday 8.30 AM

** No Morning Mass on Monday & Saturday

FRIDAY Mass is followed by the exposition of the Blessed Sacrament till 10.00 am.

Weekend

SATURDAY: 5.00 PM (Vigil)

SUNDAY: 9.00 AM, 10.30 AM & 12.00 Noon

Reconciliation SATURDAY From 4.15 PM to 4.45 PM

Baptism, Confirmation, First Communion

Registered and active parishioners are asked to contact the parish office during week days between 9:00 am to 4:00 pm (Closed 12.30pm - 1.30 pm)

Marriage

Contact the parish priest one year in advance of the date of marriage.

Shut-ins

Please let the parish team know so that they can be supported sacramentally.

Parish Schools

St. Martin De Porres School 416-393-5286

St. Malachy School 416-393-5336

St. Ursula School 416-393-5306

Diocesan Services

Birthright (pregnancy support) 416-469-1111

Catholic Family Services: 416-921-1163
(counselling for individuals and families)

Retrouvaille (for troubled marriages) 416-281-6007

Catholic Cemeteries 416-733-8544

Catholic Cultural Services 416-757-7010

New Beginnings 416-222-1101

St. Vincent de Paul Society 416-284-6131



THIRD SUNDAY OF THE LENT



1st Reading:
Exodus 17.3-7

2nd Reading:
Romans 5.1-2,5-8

Gospel:
John 4, 5-42

Regular Mass Schedule **Weekday Masses:**

Daily morning mass is celebrated Tuesday to Friday at 8:30 am

Weekend Schedule: Saturday (Vigil) Mass **5:00 pm**
Sunday Masses: **9:00 am, 10:30 am & 12:00 noon**

<https://smartindeporessc.archtoronto.org/eg/>

Living in the Living Waters

In the Gospel today we reflect on the episode of Jesus' meeting with the Samaritan woman at the well. The passage recounts that Jesus was "tired" yet he still went out of His way to minister to the woman. Jesus tells her that "the water that I will give will become a spring of water gushing up to eternal life." Through this image of water Jesus is alluding to the gift of the Holy Spirit that the Lord wishes to lavish upon His children (CCC 728).

As stewards of Christ we are called to generously share our time and talents with our parish community. However, a mere sharing of our gifts without the guidance and strength of the Holy Spirit can easily lead us to becoming burnt out, discouraged or resentful. It is important to have all of our charitable acts infused with the Spirit. This way it is not our own merits but the Lord's grace bringing about conversion in our parishes.

How often do we invoke the Holy Spirit before we serve the Lord as stewards? It is in this invocation that we humbly recognize that it is the Lord, through us, accomplishing great deeds. Let us begin each day with the traditional prayer to the Holy Spirit. "Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love." Let us bring about a new outpouring of the Holy Spirit into the hearts of our parish community by constantly turning to Him to strengthen us.

Summary

As stewards of Christ we are called to generously share our time and talents with our parish community. However, a mere sharing of our gifts without the guidance and strength of the Holy Spirit can easily lead us to becoming burnt out, discouraged or resentful. Let us bring about a new outpouring of the Holy Spirit into the hearts of our parish community by constantly turning to Him to strengthen us.

Mass Intentions for the Week of Mar 7/ Mar 8, 2026

Saturday Mar 7th

5:00 pm

†Kenneth Vaz
†Celina Da Casta
†Stanislaus Steven

Sunday Mar 8th

9:00 am

†Mae Choong
†Alison Bryce & Karen Motayne

10:30 am

- For All Parishioners of SMDP

12:00 pm

†Marilyn Avila

Monday Mar 9th

8:30 am

Tuesday Mar 10th

8:30 am

Wednesday Mar 11st

8:30 am

Thursday Mar 12nd

8:30 am

Friday Mar 13rd

8:30 am

Parish Weekly *fact*

Why is does Lent last 40 Days?

There is a spiritual meaning of 40 Days. The number forty appears throughout Scripture as a time of testing, purification, and preparation:

1. The flood in Noah's time lasted 40 days and 40 nights
2. The Israelites wandered 40 years in the desert
3. Moses spent 40 days on Mount Sinai receiving the Law
4. Elijah journeyed 40 days to Mount Horeb
5. Jesus fasted 40 days in the wilderness before beginning His ministry (Matthew 4: 1-11; Mark 1: 12; Luke 4: 1-13)

This pattern reveals that spiritual transformation requires time, patience, and God's grace working slowly in our hearts.

SACRAMENTAL PREP NEWS



FIRST HOLY COMMUNION

- Registration’s date has expired

CONFIRMATION

- Registration is on April 07th
At 6p.m.

R.C.I.A

- Registration is closed



St. Martin de Porres
Knights of Columbus Council 12909

CHARITY FUNDRAISER
Bus trip to



Saturday, April 11th, 2026.

First location pickup at 8.35 am, at 2452 Sheppard Ave. E
Second location pickup at 8:45 am, at Centennial Arena
1967 Ellesmere Rd, just west of Markham Rd

Donation: \$25.00

Includes: **\$10** free playing credits

You must have a Player’s card for Casino Rama
Resort and valid Government ID. 50/50 Draw....
Snacks

Ticket Sales

Saturday March 7th,14th ,21st, 28th, 2026.

Available during the mass at 5:00 pm

Sunday March 8 th,15th, 22nd, 29th, 2026.

Available between masses at 10:30 am and 12:00 pm.

To book a seat e-mail: jason.shantz@gmail.com

St. Martin de Porres Parish

4179 Lawrence Ave E, Scarborough, ON M1E 2S3

Don't Worry Uselessly

If the smallest things are beyond your power, why be anxious about the rest? (Luke 12: 26)

Worry is, perhaps, the most common manifestation of fear in our lives. If is fear directed toward negative possibilities in the future.

It is only natural that we worry, however. As Jesus’ statement above points out, we have no control even over little things, and that’s scary. We can do a few things to take care of ourselves and our loved ones. Even so accidents, sickness, and health are, for the most part, out of our hands.

Here are some good reasons why not to worry:

- ❖ It doesn’t do any good. In fact, it can do great harm by creating negative expectations which bring about their own fulfillment.
- ❖ It robs us of our ability to live fully in the now. If we cannot live well in a now-moment, we will not be able to make an adequate response in those future circumstances which we so dread.
- ❖ God’s Providence does rule our lives. Everything will work out in the long run.

We should remember that the future about which we worry so much is not yet real. We must make preparations to live it when it comes, but we should do so in trust that we will have what we need when we need it.

Suggested Practices

1. Pray for the grace to trust that God will take care of all those circumstances you do not control.
2. Learn to discipline your worrying self. Invite your worries to present the worst possible case to you and then say firmly:” It doesn’t really matter,” or” There’s nothing I can do about it,” or” This, too, shall pass away,” or” I’ll be OK.” Any legitimate concerns which persist after this treatment can then be faced without unnecessary anxiety.

UPCOMING EVENT

”World Day of Prayer at St. Joseph’s Church on March 11 at 7 pm evening.
All parishioners are welcome to attend.”



The Station of the Cross will be held Every Friday at 6.30



Let us Pray! For the sick members of our Parish and for those who love and minister to them.

KAPIT BAHAY

RESTAURANT

Open Daily 9am-9pm
except Tues

Breakfast Buffet

Sat-Sun 8am-12pm

4218 Lawrence E. of Morningside

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