
St. Martin De Porres Parish

4179 Lawrence Avenue E. and Morningside Ave. Scarborough, ON M1E 2S3

Email: smartins.office@rogers.com

Parish Website: smartindeporressc.archtoronto.org/

Phone: 416-284-9192 St. Vincent de Paul Society 416-284-6131

Parish Contacts

Pastor

Rev. Anthony Gonsalves (ext 105)

Parish Office Hours

Tuesday - Friday 9:00 am - 4:00 pm

Daily Mass Schedule

Weekdays

Tuesday to Friday 8.30 AM

** No Morning Mass on Monday & Saturday

FRIDAY Mass is followed by the exposition of the Blessed Sacrament till 10.00 am.

Weekend

SATURDAY: 5.00 PM (Vigil)

SUNDAY: 9.00 AM, 10.30 AM & 12.00 Noon

Reconciliation SATURDAY From 4.15 PM to 4.45 PM

Baptism, Confirmation, First Communion

Registered and active parishioners are asked to contact the parish office during week days between 9:00 am to 4:00 pm (Closed 12.30pm - 1.30 pm)

Marriage

Contact the parish priest one year in advance of the date of marriage.

Shut-ins

Please let the parish team know so that they can be supported sacramentally.

Parish Schools

St. Martin De Porres School 416-393-5286

St. Malachy School 416-393-5336

St. Ursula School 416-393-5306

Diocesan Services

Birthright (pregnancy support)	416-469-1111	Catholic Cemeteries	416-733-8544
Catholic Family Services: (counselling for individuals and families)	416-921-1163	Catholic Cultural Services	416-757-7010
Retrouvaille (for troubled marriages)	416-281-6007	New Beginnings	416-222-1101
		St. Vincent de Paul Society	416-284-6131



FIRST SUNDAY OF THE LENT



1st Reading:
Gn 2.7-9, 16-18,25;
3.1-7

2nd Reading:
Rom 5.12-19

Gospel:
Matthew 4.1-11

Regular Mass Schedule **Weekday Masses:**

Daily morning mass is celebrated Tuesday to Friday at 8:30 am

Weekend Schedule: Saturday (Vigil) Mass **5:00 pm**
Sunday Masses: **9:00 am, 10:30 am & 12:00 noon**

<https://stmartindeporressc.archtoronto.org/eg/>

Fasting and Feasting

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. We often associate Lent with fasting and penances, which are undoubtedly good. However, it is important that if we are going to give something up, we should strive to replace it with something good as well, for Aristotle famously said that “nature abhors a vacuum.”

This leads us to the practice of “fasting and feasting” in Lent. Through this practice we are able to cultivate strong stewardship through fasting from things that are unvirtuous and feasting on charitable and wholesome acts. Let us take some time to prayerfully reflect on how we can implement the following list this Lenten season.

Fast from judging others; Feast on the Christ dwelling in them. Fast from emphasis on differences; Feast on the unity of life. Fast from words that pollute; Feast on phrases that purify. Fast from discontent; Feast on gratitude. Fast from anger; Feast on patience. Fast from complaining; Feast on appreciation. Fast from negatives; Feast on affirmatives. Fast from self-concern; Feast on compassion for others. Fast from problems that overwhelm; Feast on prayer that strengthens. In essence, let us fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

Summary

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. It is important that if we are going to give something up, we should strive to replace it with something good as well. Let us strive to fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

Mass Intentions for the Week of Feb 21/22, 2026

Saturday Feb 21st

5:00 pm + Alvito Pinto
 + Carlota Fernandes

Sunday Feb 22nd

9:00 am + May Ong
10:30 am - For All Parishioners of SMDP
12:00 pm

Monday Feb 23rd

8:30 am

Tuesday Feb 24th

8:30 am

Wednesday Feb 25th

8:30 am +Bertie Fernandes

Thursday Feb 26th

8:30 am

Friday Feb 27th

8:30 am +Christopher Lyne



The Station of the Cross will be held every Friday at 6.30 p.m.

SACRAMENTAL PREP NEWS



FIRST HOLY COMMUNION

- Registration's date has expired

CONFIRMATION

- Registration is on April 07th
At 6p.m.

R.C.I.A (Rite of Election)

- On Sunday, February 22 at 2.30 p.m. at St. Barnabas Church



St. Martin de Porres
Knights of Columbus Council 12909

CHARITY FUNDRAISER Bus trip to



Saturday, February 28th, 2026.

First location pickup at 8.35 am, at 2452 Sheppard Ave. E

Second location pickup at 8:45 am, at Centennial Arena

1967 Ellesmere Rd, just west of Markham Rd

Donation: \$25.00

Includes: \$10 free playing credits

You must have a Player's card for Casino Rama Resort and valid Government ID. 50/50 Draw.... Snacks

Ticket Sales

Saturday January 24th, 31st, February 7th, 21st, 2026.

Available during the mass at 5:00 pm

Sunday January 25th, February 1st, 8th, 22nd, 2026.

Available between masses at 10:30 am and 12:00 pm.

To book a seat e-mail: jason.shantz@gmail.com

St. Martin de Porres Parish

4179 Lawrence Ave E, Scarborough, ON M1E 2S3



Let us Pray! For the sick members of our Parish and for those who love and minister to them.

Don't Look Back

Whoever puts his hand to the plow but keeps looking back is unfit for the reign of God (Luke 9:62)

There is an old story about a man who was traveling down a rocky road with a cart filled with goods. He was so concerned about things falling off the cart and people making off with them that he spent most of his time looking backward. Consequently, he missed his turn into town and went into the forest, where thieves murdered him and made off with his possessions.

It is like that with us, too. When we become too concerned with the impact our lives are making, we look backward and miss the kingdom road signs up ahead.

There is such a thing as meddling too much in the affairs of our own lives. After struggling to discern the right course of action, we must simply do the best we can and then leave the results in God's hands. We remain attentive to the feedback that others give us, but we let go of any attachment to the consequences of our actions-both good and bad.

If we believe the consequences of our actions to be good, then thank God, who has drawn us to do this good work.

If we hurt others, or cause turmoil, then we should apologize and forget about it. Common sense dictates that we cannot do more than this anyway without getting our attention stuck in the past.

During the month of February, Income Tax Receipts for Charitable Donation for 2025 year are prepared and distributed by our Parish and by The Archdiocese of Toronto. Regular use of your Sunday envelopes, or donations by pre-authorized digital methods will earn you an Income Tax Deduction for 2026. If you donate by cash in the collection basket, you will not be able to take advantage of this tax saving.

The season of Lent began on Ash Wednesday, February 18th! The date for Ash Wednesday falls 40 weekdays before Easter (Sundays are not Considered part of Lent). The date for Easter has been set for thousand of years. It all has to do with the Passover full moon. In any year, Easter will fall between March 22 and April 25. In 2026 Easter occurs on April 5th.

KAPIT BAHAY

RESTAURANT

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except Tues

Breakfast Buffet

Sat-Sun 8am-12pm

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Christ the King Cemetery 905-471-0121

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