St. Martin De Porres Parish

4179 Lawrence Avenue E. and Morningside Ave. Scarborough, ON M1E 2S3

Email: stmartins.office@rogers.com • Parish Website: https://stmartindeporressc.archtoronto.org/

Pastoral Team

Pastor - Rev. Anthony Gonsalves Deacon - Rev. John Grieve

Parish Office: Phone: 416-284-9192, 416-519-9663 **Fax:** 416-284-0201 Office Administrator - Anne Gunawardena

Mass Schedule

Weekdays

Tuesday to Friday 8.15 AM ** No Morning Mass on Monday & Saturday FRIDAY Mass is followed by the exposition of the Blessed Sacrament till 10.00 am.

Weekend

SATURDAY: 4.00 PM & 6 PM (Both Masses are Vigil) SUNDAY: 9.00 AM, 11.00 AM & 1.00 PM

Reconciliation

SATURDAY From 3.15 pm to 3.45 pm

Baptism, Confirmation, First Communion

Registered and active parishioners are asked to contact the parish office during week days between 8.30 am to 4.30 pm (Closed 12.30pm - 1.30 pm)

Marriage

Contact the parish priest one year in advance of the date of marriage.

Shut-ins

Please let the parish team know so that they can be supported sacramentally.

Parish Schools

St. Martin De Porres School	416-393-5286
St. Malachy School	416-393-5336
St. Ursula School	416-393-5306

Diocesan Services

Birthright (pregnancy support)416-469-1111Catholic Family Services:416-921-1163(counselling for individuals and families)416-281-6007Retrouvaille (for troubled marriages)416-281-6007

Catholic Cemeteries	416-733-8544
Catholic Cultural Services	416-757-7010
New Beginnings	416-222-1101
St. Vincent de Paul Society	416-284-6131





Solemnity of the Most Holy Trinity 1st Reading: Deuteronomy 4.32-34, 39-40

2nd Reading: Romans 8.14-17

Gospel: Matthew 28.16-20

The Commissioning of the Disciples

Signing Ourselves with the Trinity

Today we celebrate the Solemnity of the Most Holy Trinity. The Catechism says that the "mystery of the Most Holy Trinity is the central mystery of Christian faith and life ... It is therefore the source of all the other mysteries of faith" (CCC 234). As Christians, we profess the mystery of the Trinity every time we make the sign of the cross, in the name of the Father, and the Son and the Holy Spirit.

The practice of signing ourselves with the cross is an ancient tradition that likely dates back to the time of the Apostles. Around the year 200, Tertullian wrote that "we Christians wear out our foreheads with the sign of the cross." By signing ourselves, we are joining the countless saints that have gone before us. We can be a witness to the world whenever we sign ourselves in public. For example, the next time we eat in public let us strive to make the sign of the cross as we pray our grace before meals.

Additionally, often times the sign of the cross is the quickest prayer we can muster in times of great stress. St. Francis de Sales, Doctor of the Church, recommends that we "make spiritual aspirations to God by short, ardent movements of [our] hearts." We can do this by invoking all three persons of the Trinity and marking ourselves with the cross, which is the sign of our salvation. Therefore, the next time we experience a difficult moment let us not despair but boldly make the sign of the cross. This will allow us to continually raise up our minds and hearts to the Blessed Trinity, the greatest mystery of our faith.

<u>Regular Mass Schedule</u>

All Public Masses are Cancelled .

Weekday Masses

Daily Morning Private Masses celebrated by Fr. Anthony for the intentions.

No congregation for any of the Masses.

Weekend Schedule:

Sunday 10 a.m. (Livestream Mass)

No congregation for any of the Masses.

Watch livestream Mass at website:

https://stmartindeporressc.archtoronto.org/en/

Click on watch livestream Mass link.

Watch: Vatican Conference Discusses Better Health For All

Everyone is now able to watch sessions from the Vatican's wide-ranging interdisciplinary conference, "<u>Exploring the Mind, Body & Soul: How Innovation</u> and Novel Delivery Systems Improve Human Health," which concluded in early-May.

Speakers from Catholic and non-Catholic perspectives examined revolutionary health discoveries through the lens of what it means to be human.

On <u>the conference's YouTube channel</u>, you can view observations from: <u>Pope Francis; Cardinal Pietro Pa-</u> <u>rolin, Vatican Secretary of State</u>; and <u>Cardinal</u> <u>Gianfranco Ravasi, President of the Pontifical Council</u> <u>for Culture</u>.

Topics range from <u>addressing the loneliness epidem-</u> ic to preventing cancer to <u>music promoting well-</u> <u>ness</u> to <u>new approaches to treating substance abuse</u>. All sessions have been <u>packaged into short videos</u> to make them accessible to those who have so many things to do in a day.

The Vatican hoped these sessions would bridge the gap between science and religion to improve overall human wellbeing.

Did Yon Know ?



About Holy Doors

A Holy Door is a special door in a cathedral, basilica or other parish of special significance that becomes a pilgrimage site during a Jubilee Year. These are usually celebrated every 25 years, although the Pope can designate a Jubilee Year at other

times, such as St. Pope John Paul II in 1983 and Pope Francis for the Jubilee Year of Mercy. Walking through the Holy Door during a Jubilee Year is one of the conditions for receiving a Jubilee Indulgence

Where are they located?

The most prominent Holy Door is located at <u>St. Pe-ter's Basilica in the Vatican</u>. This door is famously sealed with brick and mortar until a Jubilee Year. However, the three other Papal Basilicas in Rome (<u>St. John Lateran, St. Mary Major</u>, and <u>St. Paul Outside-the-Walls</u>) also have Holy Doors, and the <u>Basilicas of the Holy Land</u> are likewise traditionally designated as Jubilee Churches. In the rest of the world, the Jubilee Churches will be the diocesan cathedral or any other locations where the local Ordinary decides to open a Door of Mercy.

Where are the Holy Doors in the Archdiocese of Toronto?

The Holy Doors in the Archdiocese of Toronto are officially opened on Sunday, December 13, 2015 (with the exception of Martyrs' Shrine, which opens May 7, 2016). Cardinal Thomas Collins has selected churches of special significance throughout our geographically vast Archdiocese. <u>See our list of Holy</u> <u>Door locations.</u>

Gates of Mercy:

Holy Doors in the Archdiocese of Toronto

https://www.youtube.com/watch?v=3YMGbZiZ3T8

Mass Intentions for the week

Saturday May 29th

9.00 am - + Domingos D'Souza Sunday May 30th

10 am - + Aniceto Varona Sr. + Aniceto Varona Jr. B'Day blessings for Ligaya Santos

Monday May 31st

9.00 am - Sequira John <u>Tuesday June 1st</u> 9.00 am -

Wednesday June 2nd

9.00 am - + Clarence Fonceca + Audrey Pitt

Thursday June 3rd

9.00 am -

Friday June 4th

9.00 am - + Deceased Members of Richter Family Saturday June 5th

9.00 am -

Please Help India During Its COVID-19 Outbreak

India is reeling from a devastating COVID-19 outbreak. In recent days, the country has been reporting more than 400,000 of new cases and 4,000 deaths every 24 hours. The medical system, funeral services and other social supports are unable to meet the country's needs at this time.

In response to numerous inquiries from parishioners and clergy, we are now accepting donations from those who may wish to contribute to relief efforts for the people of India.Thank you for your continued assistance

Those wishing to help may do so in the following ways:

Online through the Archdiocese of Toronto's online donation portal

By phone through the Development Office – 416-934-3411

Through the parish, making cheques payable to: Name of Parish – India's COVID-19 Outbreak – Disaster Relief



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